

Robert M. Mehalik, LPC, NCC

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EDUCATION

Counselor Education and Supervision, Ph.D.
Waynesburg University
51 West College Street
Waynesburg, PA 15370

(August 2014 – Present)
Cumulative GPA – 4.0
First/Alpha Cohort

Community and Agency Counseling, Master's Degree
Concentration in Student Affairs in Higher Education
California University of Pennsylvania
California, PA 15419

(August 2008 – August 2011)
Graduation date August 2011
Cumulative GPA - 4.0

Bachelor of Arts, Political Science
California University of Pennsylvania
California, PA 15419

Cumulative GPA – 3.51
(August 2000 – May 2005)

EXPERIENCE

California University of PA
Assistant Professor
Clinical Field Coordinator
Coordinator for Certificate Programs
Counselor Education Department
California, PA 15419

(August 2017 – Present)

- Tenure Track Faculty member
- Chair for the Advisory Board within the department
- Co-sponsor for two student groups (Chi Sigma Iota and Student Counseling Association)
- Representative to the Faculty Senate and President of Faculty Senate
- Represents department at University Events (Honors Convocation and Commencement)
- Co-chair for Outcomes for the department
- Chairperson for the Temporary Search committee
- Clinical Field Coordinator
- Coordinator for the Certificate Programs within the department
- Represents the College of Education & Human Services on the General Education Committee
- Serves on the University Strategic Assessment Committee

California University of PA
Assistant Professor
Director for the Office for Students with Disabilities (OSD)
California, PA 15419

(August 2015 – August 2017)

- Responsible for the overall operations of the OSD office.
- Collaborates with students, faculty, staff, and community members to proactively create usable, equitable, inclusive and sustainable learning environments by advising the senior administrations about universal design, reasonable accommodations, disability rights and responsibilities, technology related to disabilities; developing and recommending policies and procedures that promote inclusion and universal design in programs; maintaining cooperative working relationships on campus and in the community and coordinating ongoing efforts to have fully accessible and usable learning environments.
- Ensures that students with disabilities who experience barriers in the design of University programs, services, and facilities have equal access through the provision of accommodations such as auxiliary aids and services, materials in alternative formats, sign language interpreters, lab assistants, assistive technology, readers, test proctors, note takers, equal access to facilities, etc. as well as providing information and referral concerning admission, access, and participation in University and community programs.
- Develops a plan of action and/or reasonable accommodation with students who have disabilities by conducting interviews, reviewing documentation, and collaborating with the student and faculty and/or staff.

- Establishes collaborative relationships on campus and in the community by serving on committees such as the ADA/504 Committee and others, anticipating changes that may create or remove barriers, and advising the campus community as appropriate.
- Provides training and technical assistance to faculty, staff, administrators, and students about universal design, disability studies and issues, reasonable accommodations, technology, barriers to programs and services, as well as local, state and federal legislation related to disabilities.
- Provides effective administration of the Office for Students with Disabilities by maintaining student records relating to communications with students, recommended courses of action or accommodations, and documentation provided by the student.
- Serves in a consulting role to the Academic Success Center and for University departments and individual faculty and staff.
- Develops a competent and effective staff of full-time clerical, graduate assistants, and student workers by recruiting and selecting qualified persons to serve as readers, test proctors, and note takers, providing training in the various service functions and orientation on policies and procedures, making work assignments based upon qualifications, and supervising and evaluating work performance.
- Manage funds through preparation, submission, and execution of a departmental budget.
- Remains competent and current through self-directed professional reading, developing professional contacts with colleagues, attending professional development courses, and attending training and/or courses required by the Associate Vice President for Student Affairs.

California University of PA

(May 2014 – August 2015)

Alcohol & Other Drug (AOD) Education Specialist

California, PA 15419

- Responsible for the overall development of strategies and programs to increase students' knowledge of alcohol and other drug abuse education and prevention.
 - Responsible for the development, implementation, and supervision of an AOD prevention peer education program.
 - Responsible for the implementation of the on-campus B.A.S.I.C.S. (Brief, Alcohol, Screening, and Intervention for College Students) program.
 - Coordinator of the California Community AOD Coalition.
 - Coordinator of a current P.L.B.C. grant initiative and future grant initiatives.
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California University of PA

(July 2008 – May 2014)

Graduate Hall Director/Residence Hall Director (Professional)

California, PA 15419

- Responsible for overall residence hall facilities management and student development.
- Develops and assesses programming for residence halls and residence life.
- Communicates with Department of Housing and Residence Life, Department of Student Development and Services, Community Assistants, and students.
- Promotes community development and leadership in residence halls with over 300 students.
- Encourages staff to develop programming related to campus philanthropy initiatives.
- Conducts judicial hearings with students in the residence hall.
- Supervises eight community assistants and one graduate community assistant as well as 46 desk assistants.
- Completes room assignments, work and maintenance orders, and new key orders.
- Communicates with parents and works closely with Student Development on departmental events.
- Works with users across campus to schedule the hall's multipurpose room.
- Advises the residence hall council and Inter-Residence Hall Council.
- Completes damage billing for students.
- Works with the Welcome Center and gives tours of the residence hall.
- Participates in staff selection and new student registration and orientation.
- Conducts informal counseling with students as well as informal group counseling.
- Guides and counsels students through the roommate mediation process.
- Operates by the community standards model for hall governance.
- Assists in the planning and facilitating of staff training.
- Initiates interaction with hall residents and student groups to enhance their educational and residential experience.

Gateway Rehabilitation

(October 2011 – Present)

Therapist (PRN/Part-time)

212 Outlet Way, Suite 1

Greensburg, PA 15601-7197

- Facilitates group and individual therapy.
- Provides psychoeducation to patients and lectures to patient community.
- Conducts family therapy sessions.
- Contacts parties involved in patients' treatment to gather collateral information and documents in patient chart.
- Develops clinical needs lists, treatment plans, and treatment plan updates.
- Completes biopsychosocials, assessments, evaluative summaries, and mental status exams.
- Documents individual and group sessions and all other case management activity in patient chart.
- Initiates case consults when appropriate and documents in patient chart.
- Plans for continuing care of patient and makes appropriate referrals.
- Develops behavioral contracts appropriate for the population treated.
- Conducts suicide assessments when necessary and intervenes appropriately.
- Intervenes appropriately in crisis situations.
- Assesses and appropriately reports patient abuse and neglect.

Steimer Counseling & Consulting

(August 2017 – Present)

Counselor

Waynesburg, PA 15370

- Counselor serving all populations with a specialty in Addictions Counseling

Southwestern Behavioral Health Services

(January 2014 – August 2014)

Drug and Alcohol Counselor

84 North Gallatin Ave.

Uniontown, PA 15401

- Provides individual therapy to patients.
- Develops clinical needs lists, treatment plans, and treatment plan updates.
- Completes biopsychosocials, assessments, evaluative summaries, and mental status exams.
- Educates patients on the disease concept of addiction.
- Administrates treatment plans and plan of care reviews for patients.

CREDENTIALS

National Board of Certified Counselors

National Certified Counselor, # 284362, Issued 2011

Commonwealth of Pennsylvania Department of State

Licensed Professional Counselor, # PC007242, Issued 2013

AREAS OF INTEREST/RESEARCH

Addictions

Gambling Addiction

College Counseling

Disability Services

Group Counseling

Supervision

Leadership in the Counseling Profession

Leadership in Higher Education

Advocacy and Social Justice

Multiculturalism and Diversity

PRESENTATIONS

Mehalik, R. & Clark, B. (2009). The positive and negative aspects on social networking websites. California, PA: California University of Pennsylvania.

Mehalik, R. & Clark, B. (2013). The positive and negative aspects on social networking websites. California, PA: California University of Pennsylvania.

Mehalik, R. (2013). The Recovering Freshman: An In-Depth Look at Students in Alcohol and Drug Treatment Programs. Edinboro, PA: Edinboro University of Pennsylvania.

Mehalik, R. & Phillips, T. (2014). Gambling Prevention in Southwestern Pennsylvania. California, PA: California University of Pennsylvania.

Mehalik, R. (2015). Basic counseling skills, confrontation, goal setting, and treatment planning. Southpointe, PA: Waynesburg University.

Mehalik, R. (2015). Stress Management for Graduate Students. California, PA: California University of Pennsylvania.

Mehalik, R. & Phillips, T. (2015). Gambling Prevention through the Lifespan. California, PA: California University of Pennsylvania.

Manderino, D., & **Mehalik, R.** (2016). Culture change in the workforce and what it means to healthcare. Fredrickstown, PA: Centerville Clinics, Inc.

DeGeorge, T., **Mehalik, R.**, & Manderino, D. (2017). The family journey of raising a child with autism spectrum disorder: The pragmatic and emotional journey and the counseling experience. New Orleans, LA: The International Association of Marriage and Family Counselors (IAMFC) World Conference.

Mehalik, R., Owen, J., & VanSickle, C. (2017). Integrated Multicultural Supervision. Tampa, FL: American College Counseling Association National Conference.

Mehalik, R., & Michaels, R. (2017). Addition in College: Changing the Culture. Gettysburg, PA: Pennsylvania Liquor Control Board Conference.

Mehalik, R., & Michaels, R. (2017). Addition in College: Changing the Culture. California, PA: California University of Pennsylvania.

Mehalik, R. (2017). Addition in College: Changing the Culture. California, PA: California University of Pennsylvania.

Mehalik, R., & Michaels, R. (2017). Addition in College: Changing the Culture. East Stroudsburg, PA: The Pennsylvania Student Affairs Conference.

DeGeorge, T., **Mehalik, R.**, (2018). When a Marriage Hits the Wall of Faith: Wrestling with divorce v. reconciliation for couples who profess a Christian Faith. New Orleans, LA: The International Association of Marriage and Family Counselors (IAMFC) World Conference.

TEACHING EXPERIENCE

Course Instruction California University of Pennsylvania:

Group Counseling	Fall 2018
Group and Triadic Supervision	Fall 2018
Gambling Addiction	Summer 2018
Group Counseling	Summer 2018
Student Affairs in Higher Education	Summer 2018
Cross-Cultural Counseling	Summer 2018
Clinical Field Supervision	Spring 2018
Introduction to Clinical and Mental Health Counseling	Spring 2018
Group Counseling	Spring 2018
Group Counseling	Fall 2017
Introduction to Clinical and Mental Health Counseling	Fall 2017
Group and Triadic Supervision	Fall 2017
Group Counseling (Co-Teacher)	Summer 2016
Group Supervision	Fall 2016
Introduction to Clinical and Mental Health Counseling (Co-Teacher)	Fall 2015

SUPERVISION EXPERIENCE

Group, individual, and Triadic supervision of Practicum students: California University of Pennsylvania: Fall 2016, Fall 2017, Spring 2018, and Fall 2018

Group and individual supervision of Practicum students: Waynesburg University: Summer 2015, Summer 2016

TRAININGS/CERTIFICATIONS

Completed "The 7 Habits of Highly Effective People" training.

Basic HIV (Pennsylvania Department of Health), May 2012

Confidentiality (Pennsylvania Department of Drug and Alcohol Programs), September 2012

TB/STD/Hepatitis (Pennsylvania Department of Drug and Alcohol Programs). September 2012

First Aid Certification (California University of PA), January 2012

CPR Certification (California University of PA), January 2012

Practical Applications for PCPC (Pennsylvania Department of Drug and Alcohol Programs), April 2013

Practical Applications for Confidentiality (Pennsylvania Department of Drug and Alcohol Programs), June 2013

Ethics (Pennsylvania Department of Drug and Alcohol Programs), June 2013

PTSD and Veterans Affairs (Center for Deployment Psychology), September 2013

Drugs, Alcohol, and Teen Suicide (Butler County Drug and Alcohol Commission), December 2013

Recognizing and Reporting Child Abuse (University of Pittsburgh), December 2014

2015 NASPA Alcohol and Other Drug Abuse Prevention, Mental Health, & Violence Prevention Conference, January 2015

A Grief Counseling Group Design for Hispanic Children (ACA), December 2015

First Aid Certification (California University of PA), January 2016

CPR Certification (California University of PA), January 2016

BASICS & CASICS Practitioner Training Workshop (Pennsylvania State System of Higher Education), September 2016

Recognizing and Reporting Child Abuse: Mandated and Permissive Reporting in Pennsylvania (University of Pittsburgh), February 2017

Understanding, Assessing, & Treating Sexual Addiction within a Highly Sexualized Image-Based Culture (California University of PA), April 2018

Ethics N'At (California University of PA), April 2018

Teaching Online Certificate Course (Pennsylvania System of Higher Education), June 2018

LEADERSHIP/SERVICE

Secretary of the Brownsville-Luzerne Patsy Hillman Park Board, 2006 – 2014.

Member of the Emergency Management Team for Luzerne Township (PA), 2002 – Present.

Co-authored a published academic paper and presented the findings at the Midwest Political Science Association conference.

Member of the Peer Mentoring Program at California University of PA.

President of Pi Sigma Alpha National Political Science Honor Fraternity, 2004 – 2005.

Member since 2004.

President of Phi Sigma Pi National Honor Fraternity, 2003 – 2004.

Member since 2003.

A member of the Student Counseling Association and Chi Sigma Iota (Counseling Honors Organization).

A member of NASPA (Student Affairs Administration in Higher Education)

INSTIUTIONAL SERVICE

Faculty Senate President 2017-2019
Member of the General Education Committee representing the College of Education and Human Service 2017-2019
Member of the University Strategic Assessment Committee
Acting Chair for the Student Services Department during the Counseling Center Faculty Search
Chair of the HRSA Grant Position Search and Hiring Committee (Counselor Education Department) 2017
Co-Chair for outcomes for the Counselor Education Department 2017
Co-Chair of the Student Affairs Council 2015-2016
Member of the Frontloading Committee (Student Affairs) 2015-2016
Alternate Faculty Senate Member of the Student Services Department 2015-2016
Member of the Faculty Senate Sub-committee on Administrative Evaluations 2015-2016
Member of the Faculty Senate Sub-committee on On-Line or Web information 2015-2016
Member of the ADA Committee 2015-2016
Member of the University's Title XI committee 2015-2016
Member of the Cal U Prevention Squad Committee 2015-2016
Active with the AOD and Recovery Program 2015-2016
Active with the planning of the 3rd Annual Gambling Prevention/Awareness Conference 2015-2016
Planning a one day conference for all PASSHE institution's disability services 2015-2016
Member of the New Student Orientation (Fall 2016) Planning Committee 2015-2016
Member of the Fredrick Douglas Institute (FDI) 2015-2016
Member of the Hiring Committee for the FDI scholar (faculty position) 2015-2016 & 2017-2018
Member of the FDI sub-committee for the Soul Food Dinner 2015-2016
Member of the Cal U AOD coalition 2015-2016
Member of the University strategic enrollment plan committee for Student Life 2015-2016
Acting Chair of the Student Services Faculty Department for Promotions 2015-2016
Member of the Campus Diversity Committee 2015-2016
Member of the American Counseling Association (ACA)
Member of the Association on Higher Education and Disability (AHEAD)

GRANTS AWARDED

PLCB Alcohol Prevention Grant, 2015-2017 - \$40,000
Generation Rx Prescription Drug Awareness Grant, 2015 - \$2,500
EVZIO Overdose Treatment Grant, 2015 - \$8,000

PRACTICUM/INTERNSHIP

Completed a 150-hour Practicum at the California University of PA Counseling Center and completed a 300-hour Internship at the same location. I also co-facilitate psychoeducational drug and alcohol groups on campus in conjunction with California University's AOD program (August 2010 – May 2011). I also completed a 300-hour Internship at Gateway Rehabilitation in Greensburg, PA. I facilitated and co-facilitated Partial Hospitalization, Intensive Outpatient, Nurses, and DUI groups. As a doctoral intern, I have taught Introduction to Community and Mental Health Counseling, Group Counseling, and Group Supervision courses. Additionally, I have provided supervision to master's level students at Waynesburg University and California University of Pennsylvania.

COMPUTER SKILLS

Proficient with PCs and Apples, Windows 98, Windows NT, Windows XP, Adobe Acrobat, Microsoft Word, Excel, PowerPoint, Access, Publisher, MS Office Suite, the Internet, SIS system, and Adirondack.