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EDUCATION

West Virginia University, Morgantown, WV	EdD (2001)	Physical Education, Sport Psychology with a minor in Counseling
University of North Carolina, Chapel Hill, NC	MAT (1990)	Physical Education, Exercise, Science and Sport Studies with an emphasis in Sports Medicine
West Virginia University, Morgantown, WV	BS (1988)	Professional Physical Education with emphasis in Athletic Training

TEACHING EXPERIENCE

2006-present Professor/Athletic Trainer, California University of Pennsylvania

- * Faculty for the Exercise Science and Sport Studies Online Program, Wellness and Fitness Program, and the NATA approved graduate programs in Athletic Training.

Courses include

- PRF 300 Psychology of Sport,
- PRF 713 Current Topics in Sport Psychology,
- PRF 753 Psychological Aspects of Sport Injury and Rehabilitation,
- PRF 783 Psychological Perspectives in Sport Performance Enhancement and Intervention,
- PRF 800 Research in Wellness and Fitness,
- PRF 820 Research in Rehabilitation,
- PRF 830 Research in Sport Psychology,
- PRF 760 Leadership and Professional Development,
- SPT 300 Sport Psychology
- SPT 770 Management and Leadership in Sport

Faculty responsibilities include

- KON Adviser for the Nu Omicron Chapter at Cal U
- Chair, Outstanding ATEP Alumni Committee
- Departmental Evaluation Committee
- Departmental Promotion Committee
- Departmental Tenure Committee
- Athletic Training Educational Program Advisory Committee
- Mentor for new adjunct faculty (Dr. Cheryl Rogow)
- Online Faculty (OLF) Committee Member (HSSS/ESSS)
- Online Faculty Handbook for the Department of Health Science and Sport Studies
- Undergraduate Research Advisory Committee (Chair, Gregg Gould)

Advisement responsibilities include

- Undergraduate ATEP students,
- Thesis chair and committee advisement for graduate ATEP students,
- Undergraduate Research Journal for Human Sciences advisor,
- Online Graduate Exercise Science and Health Promotions students
- Online Graduate Sport Psychology Annotated Bibliography and Literature Review Chair.

2005-2006 Professor/Athletic Trainer, California University of Pennsylvania

- * Athletic Training Educational Program (ATEP) faculty for CAAHEP accredited undergraduate and NATA approved graduate programs in Athletic Training.

Courses include

- ATE 204 Athletic Training Clinical Education
- ATE 225 Evaluative Techniques I with lab,
- ATE 265 Evaluative Techniques II with labs,
- ATE 300 Advanced Athletic Training Procedures with lab,

Faculty responsibilities include

- Chair, Outstanding ATEP Alumni Committee
- Departmental Tenure committee
- Departmental Promotion committee
- Departmental Evaluation committee
- Departmental Search committees for new hires
- Athletic Training Educational Program Advisory Committee
- Mentor for new faculty (Ellen J. West)

Advisement responsibilities include

- Undergraduate ATEP students,
- Thesis chair and committee advisement for graduate ATEP students.

Clinical Responsibilities Include

- 2005-2006 (6 credits)
- Supervision of undergraduate and graduate students enrolled in the Athletic Training Education Program (ATEP) while at their clinical assignment,
- Daily evaluation of undergraduate and graduate athletic training students
- NATABOC Certified Athletic Trainer (ATC) with varsity swimming team and corresponding sport injury rehabilitation and posture correction/education
- Specific responsibilities for the ATC include
 - Emergency medical care,
 - Daily treatments, assessments, and rehabilitation,
 - Daily medical documentation for injured athletes,
 - Medical referral when necessary
 - Liaison between physician and coaching staff
 - Coordinate rehabilitation schedules of varsity athletes
 - Athletic Training Room maintenance
 - Administration of injured athlete's records requiring rehabilitation
 - Maintaining HIPPA and FERPA guidelines to medical records

1999-2005

Associate Professor/Athletic Trainer, California University of Pennsylvania

* Athletic Training Educational Program (ATEP) faculty for CAAHEP accredited undergraduate and NATA approved graduate programs in Athletic Training.

Courses include

- ATE 100 Practicum Athletic Training I,
- ATE 120 Substance Abuse Education,
- ATE 150 Intro to Athletic Training,
- ATE 204 Athletic Training Clinical Education
- ATE 225 and ATE 265 Evaluative Techniques I and II with labs,
- ATE 300 Athletic Training Practicum III with lab,
- ATE 300 Advanced Athletic Training Procedures with lab,
- ATE 405 Sports Medicine Practicum,
- ATE 725 Advanced Athletic Training,
- ATE 735 Internship for Sports Medicine, and
- ATE 810 Thesis Seminar,

Faculty responsibilities include

- Departmental tenure committee
- Departmental promotion committee
- Departmental evaluation committee
- Athletic Training Educational Program Advisory Committee
- Development of the Nu Omicron Chapter of KON at CUP
- Chair, Outstanding ATEP Alumni Committee

Advisement responsibilities include

- Undergraduate ATEP students,
- Thesis chair and committee advisement for graduate ATEP students.

Clinical Responsibilities Include

- 2003-2005 (6 credits)
- 1999-2002 (3 credits)
- Supervision of undergraduate and graduate students enrolled in the Athletic Training Education Program (ATEP) while at their clinical assignment,
- Daily evaluation of undergraduate athletic training students
- NATABOC Certified Athletic Trainer (ATC) with the varsity volleyball, varsity track and field, varsity tennis, varsity swimming teams, and **all** sport injury rehabilitation in the California University of Pennsylvania Sports Medicine facilities.
- responsibilities for the ATC include
 - Emergency medical care,
 - Daily treatments, assessments, and rehabilitation,
 - Daily medical documentation for injured athletes,
 - Medical referral when necessary
 - Liaison between physician and coaching staff
 - Coordinate rehabilitation schedules of ALL varsity athletes
 - Athletic Training Room maintenance
 - Administration of injured athlete's records requiring rehabilitation

1996-1999 Assistant Professor/Athletic Trainer, California University of Pennsylvania

- * Athletic Training Educational Program (ATEP) faculty for CAAHEP accredited undergraduate and NATA approved graduate programs in Athletic Training.

Courses include

- ATE 225 and ATE 265 Athletic Training I and II with labs,
- ATE 300 Athletic Training Practicum III with lab,
- ATE 725 Advanced Athletic Training,
- ATE 340 Nutrition for Sports, and
- ATE 405 Sports Medicine Practicum.

Faculty responsibilities include

- Departmental tenure committee
- Departmental promotion committee
- Departmental evaluation committee
- Athletic Training Educational Program Advisory Committee

Advisement responsibilities include

- Undergraduate ATEP students,
- Thesis chair and committee advisement for graduate ATEP students.

Clinical responsibilities include

- Head Athletic Trainer (1996-1998) 6 credits,
- Assistant Athletic Trainer (1999) 3 credits,
- Supervision of undergraduate and graduate students in the ATEP,
- Daily evaluation of undergraduate athletic training students
- NATABOC Certified Athletic Trainer (ATC) with the varsity football, varsity volleyball, varsity track and field, varsity swimming teams, and **all** sport injury rehabilitation in the California University of Pennsylvania Sports Medicine facilities.
- Specific responsibilities for the ATC include
 - Emergency medical care,
 - Daily treatments, assessments, and rehabilitation,
 - Daily medical documentation for injured athletes,
 - Medical referral when necessary
 - Liaison between physician and coaching staff
 - Coordinate rehabilitation schedules of ALL varsity athletes
 - Athletic Training Room maintenance
 - Administration of injured athlete's records requiring rehabilitation

1991-1996 Instructor/Athletic Trainer, California University of Pennsylvania

- * Athletic Training Educational Program (ATEP) faculty for NATA approved undergraduate and graduate programs in Athletic Training.

Courses include

- ATE 220 Athletic Training I
- ATE 225 and ATE 265 Athletic Training I and II with labs,
- ATE 240 Nutrition for Sports
- ATE 260 Athletic Training II
- ATE 300 Athletic Training Practicum III with lab,
- HSC 308 Kinesiology
- HPE 309 Exercise Physiology
- ATE 405 Sports Medicine Practicum.
- ATE 725 Advanced Athletic Training,
- ATE 735 Internship in Sports Medicine II

Faculty responsibilities include

- Athletic Training Educational Program Advisory Committee

Advisement responsibilities include

- Undergraduate ATEP students,
- Thesis chair and committee advisement for graduate ATEP students,
- General education (non-major) students

Clinical responsibilities include

- Assistant Athletic Trainer (3 credits),
- Supervision of undergraduate and graduate students in the ATEP,
- Daily evaluation of undergraduate athletic training students
- NATABOC Certified Athletic Trainer (ATC) varsity football, varsity wrestling, varsity soccer, varsity tennis, varsity track and field, **all** sport injury rehabilitation in the California University of Pennsylvania Sports Medicine facilities.
- Specific responsibilities for the ATC include
 - Emergency medical care,
 - Daily treatments, assessments, and rehabilitation,
 - Daily medical documentation for injured athletes,
 - Medical referral when necessary
 - Liaison between physician and coaching staff

1988-1990 Graduate Teaching Assistant/Athletic Trainer, University of North Carolina

- * Instructor for the School of Physical Education. Instructed three courses per semester for four semesters.

Courses include

- Beginning Weight Lifting
- Survival Swimming
- Beginning Swimming
- Advanced Swimming
- American Red Cross First Aid
- American Red Cross CPR

Awards and responsibilities include

- American Red Cross certified Water Safety Instructor.
- Received teaching excellence awards both years of instruction.
- NATABOC Certified Athletic Trainer for the varsity men's soccer, women's gymnastics, and coed tennis teams.
- NATABOC Athletic Trainer for Fetzer Hall and Health Sciences Physical Therapy Outpatient Training Room and Clinic, respectively.

ATHLETIC TRAINING EXPERIENCE**1998-2006 Assistant Athletic Trainer, California University of Pennsylvania**

NATABOC Certified Athletic Trainer for varsity men and women sports.

- Responsible for prevention, evaluation, treatment, rehabilitation, referral and collaboration with medical professionals for daily activities during athletic practices and competitions for the 14 NCAA Division II varsity coed sports.
- Primary team responsibilities included rehabilitation of ALL intercollegiate athletes requiring extensive rehabilitation, varsity women's swimming, varsity women's volleyball, varsity women's tennis, and cross country.
- Responsible for allied health referrals, protocols, and liaison between the physician and student and coach
- Hamer Hall Supervisor during rehabilitation

1994-1998 Head Athletic Trainer, California University of Pennsylvania

NATABOC Certified Athletic Trainer for varsity football.

- Responsible for prevention, evaluation, treatment, rehabilitation, referral and collaboration with medical professionals for daily activities during athletic practices and competitions during home and away events specifically with varsity football.
- Traveled to all home and away events
- Adamson Stadium Supervisor
- Responsible for allied health referrals, protocols, and liaison between the physician and student and coach
- Responsible for all pre and post surgery treatments and rehabilitation

1991-1994 Women's Athletic Trainer, California University of Pennsylvania

NATABOC Certified Athletic Trainer for varsity men and women sports.

- Responsible for prevention, evaluation, treatment, rehabilitation, referral and collaboration with medical professionals for daily activities during athletic practices and competitions for the 14 NCAA Division II varsity coed sports.
- Primary team responsibilities change regularly based on the schedules of staff.

1990-1991 Assistant Athletic Trainer, University of Notre Dame

NATABOC Certified Athletic Trainer for varsity men and women sports.

- Assisted the Head Athletic Trainer,
- Responsible for prevention, evaluation, treatment, rehabilitation, referral and collaboration with medical professionals for daily activities during athletic practices and competitions for the 26 NCAA Division I varsity coed sports.
- Worked collaboratively with other ATCs.
- Primary responsibility with travel included women's volleyball, men and women's swimming, men and women's tennis, and women's softball.

1988-1990 Graduate Assistant Athletic Trainer, University of North Carolina at Chapel Hill

NATABOC Certified Athletic Trainer for varsity men and women sports.

- Responsible for prevention, evaluation, treatment, rehabilitation, referral and collaboration with medical professionals for daily activities during athletic practices and competitions for the 26 NCAA Division I varsity coed sports **and** intramural activities.
- Assisted the 6 PT/ATC staff athletic trainers
- Worked collaboratively with other ATCs and PTs in the Physical Therapy Department and athletic training rooms on campus.
- Primary responsibility with travel included varsity men's soccer, women's gymnastics, and men and women's tennis.
- Responsible for ANY student faculty/student/staff rehabilitation in the outpatient physical therapy clinic and Fetzer Gym athletic training room (20 hours/week).

1985-1988 Athletic Training Student, West Virginia University

- Responsible for prevention, evaluation, treatment, rehabilitation, referral and collaboration with medical professionals for daily activities during athletic practices and competitions for the 20 NCAA Division I varsity coed sports.
- Assisted the 4 ATC staff athletic trainers and worked collaboratively with other ATCs and PTs.

- Primary responsibility with travel included women's cross country and track, football, and women's basketball.

AWARDS & GRANTS

2017	Albert Nelson Marquis Lifetime Achievement Award
2017	Nominated as the Cal U FPDC Outstanding Teaching Merit Award
2014	KON Outstanding Adviser Award (\$500.00)
2012	KON Outstanding Chapter Award (\$250.00)
2010	NATA 25 years of NATA Membership pin
April 2010	WVU College of Physical Activity and Sport Studies Wall of Honor
2009	KON Outstanding Chapter Award (\$250.00)
2006	Faculty Professional Development Small Grant (\$750.00) for SPSS Software (Technology Subcommittee)
2006	Faculty Professional Development Travel Grant (\$384.00)
2006	Manchester Who's Who Among Executive and Professional Women Psychologists in Mental Health and Human Wellness
2006	Marquis Who's Who In America
2005	California University of Pennsylvania FPDC co-investigator with Dr. Ronald Wagner (\$2000.00 not funded)
2005	West Virginia University Century Club, School of Physical Education
2004	Received approval for Kappa Omicron Nu Honor Society for the Human Sciences, Nu Omicron Chapter, at California University of Pennsylvania
2004	Nominated for the Faculty Leadership Institute
2001	West Virginia University Student Marshall for the School of Physical Education
2001	Presidential Gala Faculty Research Award Nomination
1996-2001	Meritorious Hours granted to distinguished graduate students at West Virginia University
2000	National Athletic Trainers' Association Research & Education Foundation (not funded)
1998	National Athletic Trainers' Association Research & Education Foundation (funded)
1998	California University of Pennsylvania Irene O'Brien Grant (\$300.00)
1997	West Virginia University Foundation (funded)
1990	Teacher Excellence Award – The University of North Carolina at Chapel Hill
1989	Teacher Excellence Award – The University of North Carolina at Chapel Hill
1983	WVU School of Physical Education Outstanding Senior Award

FACULTY SERVICE

2015-2017	President, Kappa Omicron Nu (KON) Executive Committee
2014-2017	Undergraduate Research Advisory Committee (URAC), California University of Pennsylvania
2004-2016	NATA Post-Professional Education Committee (PPEC)
2014-2015	Chair-elect, Kappa Omicron Nu (KON) Executive Committee
2010-2015	<i>Athletic Therapy Today</i> Peer Manuscript Reviewer
2009-2015	<i>Sports Health Journal</i> Peer Manuscript Reviewer
2013-2014	Ad hoc CAATE PPE Annual Review Committee
2012-2014	2 nd Vice Chair, Kappa Omicron Nu (KON) Executive Committee
2009-present	Pennsylvania State System of Higher Education (PASSHE) Faculty Professional Development Council's Grant Program Reviewer
2005-2010	<i>Journal of Athletic Training</i> Peer Manuscript Reviewer
2002-2010	<i>Journal of Sport Rehabilitation</i> Peer Manuscript Reviewer
2008-2009	Cheat Lake Elementary School Room Representative for PTO and Mrs. Skotnicki
1999-2008	University-Wide Tenure Committee, California University of Pennsylvania
1995-2008	Athletic Council, California University of Pennsylvania
1991-2008	Athletic Training Undergraduate Educational Advisory Committee, California University of Pennsylvania
June 4, 2008	Expert in Field for Curtis F. Pierce, Attorney at Law, Los Angeles, CA
2007-present	Online Faculty Member (Department of HSSS, ESSS)

2004-present	Counseling and Sport Psychology Internship at California University of Pennsylvania coordination with West Virginia University Sport Psychology Doctoral Program
2004-present	Unit Administrator/Adviser Nu Omicron of Kappa Omicron Nu (KON), California University of Pennsylvania
2001-2007	Faculty Professional Development Technology Subcommittee, California University of Pennsylvania
1991-2007	Athletic Training Graduate Educational Advisory Committee, California University of Pennsylvania
2000-2007	Athletic Advisory Committee, California University of Pennsylvania Forum Subcommittee 1997-2007 Departmental Tenure Committee, Department of Health Science & Sport Studies
1997-2007	Departmental Promotion Committee, Department of Health Science & Sport Studies
July 12, 2007	Pennsylvania Governor's School for Health Care (PGSHC), California University of Pennsylvania
2000-2006	Anthony P. McGrew Scholarship Committee, California University of Pennsylvania
2005-2006	Faculty Mentor for Department New Hire (Ellen J. West)
1992-2006	Search Committees for Health Science and Sport Studies, Varsity Athletics, Health and Physical Education, California University of Pennsylvania
2003-2004	On-Line Thesis Committee, California University of Pennsylvania
2002-2004	University Forum, California University of Pennsylvania
1998-2000	West Virginia University Athletic Training Advisory Council (WVUATAA), West Virginia University
1997-present	Departmental Evaluation Committee, Department of Health Science & Sport Studies
1994-1998	Faculty Professional Development, Service Subcommittee, California University of Pennsylvania
1992-1997	Faculty Senate, California University of Pennsylvania
1991-1997	Advisor for Student Athletic Training Club, California University of Pennsylvania
1993-1996	California University of Pennsylvania, Faculty Professional Development, Advisory Council Committee
1992-1996	University-Wide Grievance Committee, California University of Pennsylvania

PROFESSIONAL ACTIVITIES & WORKSHOPS

January 2017	Getting the Most Out of Microsoft 365's One Drive, Cal U Teaching and Learning Center Discovery Sessions
January 2017	Pennsylvania Child Abuse Recognition and Reporting Workshop
January 2017	Using Markup Features in D2L, Cal U Teaching and Learning Center Discovery Sessions
January 2017	Rubrics, Live Text and D2L, Cal U Teaching and Learning Center Discovery Sessions
June 2016	65 th NATA Annual Meeting Clinical Symposium, Baltimore, MD
January 2016	Kappa Omicron Nu (KON) Executive Board Meeting, Indianapolis, IN
December 2015	Department of Exercise Science and Sport Studies Exercise Science and Health Promotions Workshop, Cal U
April 2015	Strike a Spark Conference, Panel of Experts, California University of Pennsylvania
April 2015	Strike a Spark Conference, Presenter, <i>From Paper to Submission</i> , California University of Pennsylvania
April 2015	Strike a Spark Conference, Judge Student Poster Presentations, California University of Pennsylvania
April 2015	Kappa Omicron Nu (KON) Chapter Installation, New Jersey
January 2015	Kappa Omicron Nu (KON) Executive Board Meeting, Chicago, IL
January 2015	Unlawful Harassment Prevention for Higher Education Faculty
January 2015	Pennsylvania Child Abuse Recognition and Reporting Workshop
January 2015	D2L: Wikis, Blogs, and Journals, Cal U Teaching and Learning Center Discovery Sessions
January 2015	Uploading Exams to D2L, Cal U Teaching and Learning Center Discovery Sessions
January 2015	D2L Online Rooms, Cal U Teaching and Learning Center Discovery Sessions
January 2015	Interactive Polling, Cal U Teaching and Learning Center Discovery Sessions
January 2015	Want 2 Go Mobile, Cal U Teaching and Learning Center Discovery Sessions

January 2015	Flipped Learning, Cal U Teaching and Learning Center Discovery Sessions
January 2015	Enhance Your Course Content with Video, Cal U Teaching and Learning Center Discovery Sessions
November 2014	Careers in Athletic Training to 6-8 grades at Mountaineer Middle School (KON students assisted)
November 2014	Careers in Mental Health Professions, Presentation <i>Sport Psychology Concentration in the Exercise Science and Health Promotions Program</i> , Open House, California University of Pennsylvania
October 2014	EEO Laws and Discrimination Prevention for Higher Education Supervisor Supplement
October 2014	EEO Laws and Discrimination Prevention for Higher Education
October 2014	Unlawful Harassment Prevention for Higher Education Faculty Supervisors
October 2014	The Clery Act and Campus Security Authorities
October 2014	Preventing Discrimination and Sexual Violence: Title IX and the SaVE Act for Faculty and Staff
July 2014	Strengthquest, Deborah Tippett, Orlando FL
July 2014	ScholarCon Annual Conference for Honor Societies, Orlando, FL
July 2014	Kappa Omicron Nu (KON) Annual Board Meeting, Orlando, FL
June 2014	64 th NATA Annual Meeting and Clinical Symposium, Indianapolis, IN
April 2014	Title IX Awareness and Violence Prevention for Higher Education Students
March 2014	<i>Rock Your Tastebuds (Blueberries)</i> Presentation to students enrolled in the HOTS and Leadership classes at Mountaineer Middle School (KON student assisted)
October 2013	Postsurgical Rehabilitation Guidelines Module 4: Sports Medicine, Home CEUConnection
October 2013	Medical Therapeutic Yoga: Foundations for Using Yoga in Integrative and Preventive Medicine, CEU Connection, Ginger Garner, MPT, ATC
September 2013	Preparing Your Patients for the Game of Life and Sport: Bridging the Gap Between Physical Therapy and Performance, Home CEUConnection, Arianne Missimer, DPT, RD, RKC, CSCS
September 2013	Psychosocial Aspects of Athletic Injury, Home CEUConnection, Kris Eiring, PhD
September 2013	Using Pilates as a Tool for Rehabilitation Course, Home CEUConnection, Ann Marie Turo, OTR/L
September 2013	Therapeutic Yoga 1: Introduction Into Yoga Risks and Benefits, Home CEUConnection, Lu Mueller-Kaul, LMT, MA
August 2013	Title IX Awareness and Violence Prevention for Higher Education Students
February 2013	<i>Jump with Jill</i> , Rockstar Nutritionist presentation at CLES and Skyview Elementary School grades K-5 (introduced to the Monongalia County School Board August 2012, met with administration and officials and scheduled at CLES and Skyview Elementary School). The presentation was distributed to 1200+ students in Monongalia County Schools.
January 2013	<i>Rock Your Tastebuds (Peppers)</i> Presentation to the 125 students enrolled in the CLES 5 th grade Science and Health classes (KON student assisted).
January 2013	KON Executive Board Meeting, Chicago, IL
August 2012	KON Leadership Conclave and Undergraduate Research Conference, East Lansing, MI
January 2012	KON Executive Board Meeting, Charlotte, NC
Oct-Nov, 2011	Desire2Learn Teaching Online Certification Course
June 2011	61 st NATA Annual Meeting and Clinical Symposium, New Orleans
June 2010	60 th NATA Annual Meeting and Clinical Symposium, Anaheim
May 17, 2010	Introduction to Desire 2Learn Certificate of Completion
March 25, 2010	FPDW: Caregiver Support Strategies: Adults Caring for Aging Parent Certificate of Completion
October 20, 2010	Nutrition Recommendations for Pre, During, and Post Exercise Webinar
2001-2010	Peer Reviewer for the <i>Journal of Sport Rehabilitation</i>
2010-present	Sports Health: A Multi-Disciplinary Approach and the American Journal of Sports Medicine reviewer
December 19, 2009	State (WV) Tournament, Wheeling Jesuit University, FLL Robotics Competition (Mentor)

December 2009	California University of Pennsylvania Distinguished Lecture Series
December 5, 2009	WV Regional Tournament, West Virginia University, FLL Robotics Competition (Mentor)
June 2009	59 th NATA Annual Meeting and Clinical Symposium, San Antonio, TX
May 28, 2009	NATA Site Visitor at Indiana State University, Terre Haute, IN (Committee Member)
May 7-9, 2009	US Open, Dayton, Ohio, FLL Robotics Competition
February 6, 2009	NATA PPEC, Post-Professional Competencies and Residency Standards Review
2008-2014	First Lego League (FLL), Virtual Vikings, Mentor
December 13, 2008	WV State Tournament, Wheeling Jesuit University, FLL Robotics Competition, Mentor
November 30, 2008	WV Regional Tournament, West Virginia University, FLL Robotics Competition, Mentor
November 2008	NATA Site Visitor at UVA, Charlottesville, VA (Silent Observer)
April 25-27, 2008	NATA PPEC Meeting, Dallas, TX
March /April 2008	FPD Committee's Workshop "Wimba Live Classroom"
December 15, 2007	First Lego League (FLL) Shark Solvers Coach
	WV State Tournament, Wheeling Jesuit University, FLL Robotics Competition, Coach
October 4, 2007	Microsoft Office 2007-4F
June 2007	NATA Journal of Athletic Training Manuscript Reviewers Workshop presented by Dr. Mitchell L. Cordova
June 2007	58 th NATA Annual Meeting and Clinical Symposium
June 2007	NATA Post Professional Educator's Committee Meeting
May 15, 2007	FPD Committee's Workshop "Voice Tools Workshop"
May 15, 2007	FPD Committee's Workshop "Live Classroom Workshop"
April 24, 2007	FPD Committee's Workshop "How to Chat On-Line"
November 3, 2006	eCollege (EDU 101AeCertification: Developing Online Courses) Training
October 13, 2006	FPD Committee's Workshop "Integrating Library Resources into Your Online Course"
August 28, 2006	FPD Committee's Event "Rapid Development Software for Online Course Creation"
April 26, 2006	NATA PPEC Meeting, Dallas, TX
February 13, 2006	FPD e-Companion: Enhancing Your Live Course, California University of Pennsylvania (2 week course)
February 9, 2006	NATA PPEC Meeting, Dallas, TX
December, 2005	NATA PPEC Meeting, Dallas, TX
January 21, 2005	2005 Athletic Training Educator's Conference, Montgomery, TX
2005-present	International Day Organizing Committee Member, Cheat Lake Elementary School
October 21, 2004	FPD Covey 7 Habits Workshop, California University of Pennsylvania
September 2004	Bloodborne Pathogens Workshop, presented by Dr. Bruce Barnhart, California University of Pennsylvania
May 20, 2004	Science Day, presenter and program coordinator, Cheat Lake Elementary School
2004-2016	NATA Post Professional Educator's Committee (PPEC), Appointed Position
September 2003	ProQuest/UMI s Online Training presented by ProQuest
June 2003	Pilates for Athletes presented by Christine Romani-Ruby, St. Louis, MI,
May 2003	e-Teaching Online Training presented by e-College
April 22, 2003	Student Scholarship & Creativity Week Conference, California University of Pennsylvania
2002-2006	Annual Pathogen and Infection Control Workshop presented by Robert H. Kane, Jr., California University of Pennsylvania
October 15, 2002	FPD Committee's Promotion Workshop California University of Pennsylvania,
July 12, 2002	Approved Clinical Instructor Workshop presented by Bruce Barnhart, California University of Pennsylvania
January 31, 2002	Conducting Research at California University: Where to Start presented by FPD, California University of Pennsylvania
January 25, 2002	Human Participant Protections Education for Research Teams Online Course presented by National Institute of Health
March 2-3, 2001	Southeast Sport & Exercise Psychology Conference, Morgantown, WV,
February 27, 2001	XandEdu.com Online Enhancement Tool for Faculty Workshop, California University of Pennsylvania
January 7, 2001	Psychology of Rehabilitation Workshop, Providence, RI

2000-2003	SIS Training Workshops conducted by Charles Talbert, California University of Pennsylvania
September 2000	Grants to Combat Violent Crimes Against Women on Campus, Vanderbilt University
2000-present	Chancery Hill Historic Association – Secretary and Treasurer
August 2000	Student Success Facilitator’s Training presented by Lenora Angelone and Marta McClintock-Comeaux, California University of Pennsylvania,
Fall 1999	First Year Seminar Orientation Workshop presented by Joann Rodriguez-Naeser, California University of Pennsylvania
1998-present	Chancery Hill Historic Association, Secretary/Treasurer
1998	American Psychological Association, San Francisco, California
1998	Association for the Advancement of Applied Sport Psychology, Cape Cod, Massachusetts
1995-1996	Appointed as District II Representative for the EATA Symposium Coordination
1994	Guest Lecturer, Soy Secondary School, Kabakbak, Kenya, East Africa
November 1993	Motion Analysis – BTS Seminar, Duesquesne University
April 1993	Electrotherapy & Ultrasound Update Seminar, Monroeville, PA
1992-2006	California University of Pennsylvania Cross Country Invitational
1992-present	Athletic Training Advisory Board, California University of Pennsylvania
1992-2009	Eastern Athletic Trainers’ Association Annual Meeting and Clinical Symposium
1990	Adidas Tennis Camp, Men and Women’s Soccer Camp, Men and Women’s Basketball Camp, and Men and Women’s Fencing Camp, University of Notre Dame
1991-2009	Year End Examination & Workshop, California University of Pennsylvania
1985-present	National Athletic Trainers’ Association Annual Meeting and Clinical Symposium

PROFESSIONAL ORGANIZATIONS

2015-2017	Kappa Omicron Nu (KON) President, Executive Board
2014-2015	Kappa Omicron Nu (KON) Chair-elect, Executive Board
2013-2014	Ad hoc CAATE PPE Annual Review Team
2011-2014	Kappa Omicron Nu (KON) 2 nd Vice Chair, Executive Board
2011-present	National Association for Professional Women (NAPW)
2005-present	Nu Omicron of Kappa Omicron Nu (KON), Chapter Advisor
1998-present	American Psychological Association (APA), affiliate member
1998-present	American Psychological Association Division 47 member
1994-present	Association for the Advancement of Applied Sport Psychology (AAASP), professional member
1991-present	Eastern Athletic Trainers’ Association (EATA)
1991-present	Pennsylvania Athletic Trainers’ Society (PATS)
1985-present	West Virginia Athletic Trainers’ Association (WVATA)
2008-2016	NATA Post Professional Educator’s Committee (PPEC)
1979-2008	American Red Cross Volunteer

PROFESSIONAL CERTIFICATIONS

2011-present	WV Board of Physical Therapy (# AT001139)
2006	Respiratory, Rehabilitative & Restorative Service Provider and Taxonomy Code (Athletic Trainers): 2255A2300X
1992-present	PADI Advanced Open Water Diver
1991-present	Pennsylvania Athletic Trainers’ Society (PATS), Commonwealth of PA Department of the State Bureau of Professional Occupational Affairs certification #: RT-000933-A
1989-present	PADI Open Water Diver
1985-present	National Athletic Trainers’ Association (NATA), certification #: 03-0603, membership #: 860627

RESEARCH EXPERIENCE (Specific to Grant Funding)

Spring 1999 **Psychology/Counseling: A Universal Competency in Athletic Training, West Virginia University**

Writing of a position paper submitted to the *Journal of Athletic Training* based on numerous research findings and observations specific to an identified universal competency defined by the athletic training profession.

1997-1999 **Psychological Distress Among Injured Athletes, West Virginia University**

Conducting psychological assessments (clinical interview and self-report) of depression and anxiety. Collaborating efforts with a licensed psychologist and experienced colleagues to enter data into a large-scale database. Collaborating efforts with a licensed psychologist and experienced colleagues to write and present papers at national conferences derived from the project under the supervision of the primary investigator (Dr. Frank M. Perna).

PUBLICATIONS

Roh, J. (2017, August 21). Psychoneuroimmunology in sport injury and rehabilitation [Blog post]. Retrieved from http://blog.nasm.org/behavior-change-and-motivation/psychoneuroimmunology-sport-injury-rehabilitation/?utm_source=nasm&utm_medium=email&utm_content=082617&utm_campaign=n_specs_newsletter&utm_term=Psychoneuroimmunology%20in%20Sport%20Injury%20and%20Rehabilitation&&&cm_mmc=Act-On%20Software-_-email-NEWSLETTER%3A%205%20go-to%20corrective%20exercises%20-_-Psychoneuroimmunology%20in%20Sport%20Injury%20and%20Rehabilitation

Maurer, T. & **Roh, J.** (2015). Depression and associated negative stressors: The collegiate athlete and non-athlete. *Undergraduate Research Journal for the Human Sciences*, 14.

Newcomer Appaneal, R.R., Levine, B.R., Perna, F.M., & **Roh, J.** (2009). Measuring post-injury depression among male and female competitive athletes. *Journal of Sport and Exercise Psychology*, 31(1), 60-76.

Roh, J. (2007). *Department of Health Science and Sport Studies Online Faculty Handbook*.

Paugh, S., Biddington, C., Barnhart, B., & **Roh, J.** (2006). The dietary habits and nutrition knowledge of college athletes NATA 57th Annual Meeting and Clinical Symposia, Atlanta, GA.

Weaver, S., Biddington, C., **Roh, J.**, & Barnhart, B. (2006). Dietary habits and nutritional knowledge of college athletes. *Journal of Athletic Training*, 41(suppl 2):S-37.

Biddington, C., Popovich, M., Kupczyk, N., & **Roh, J.** (May, 2005). Certified athletic trainers' management of emergencies: Two preliminary studies. *Journal of Sport Rehabilitation*.

Meck, C., Hess, R., Helldobler, R., & **Roh, J.** (2004). Pre-pointe evaluation components utilized by dance schools. *Journal of Dance Medicine & Science*, 8 (2) 37-42.

Roh, J. (January 2001). Patient satisfaction among injured high school and college athletes and its association with rehabilitation adherence and compliance. Dissertation presented at West Virginia University, Morgantown, WV. <http://etd.wvu.edu/templates/shoETD.dfm?recnum=1877>.

Newcomer, R., **Roh, J.**, Perna, F., & Etzel, E. (1998). Injury as a traumatic experience: Intrusive thoughts and avoidance behavior associated with injury among college student-athletes. *Journal of Applied Sport Psychology*, 10, S54.

Roh, J., & Perna, F. (2000). Psychology/Counseling: A universal competency in athletic training. *Journal of Athletic Training*, 35 (4) 458-465.

Harmer, PA, Moriarty, J, Walsh, M, Bean, M., & **Cramer, J.** (1996). Distance entry pneumothorax in competitive fencer. *British Journal of Sports Medicine*, 30, 265-266.

PROFESSIONAL PRESENTATIONS

Koenig, T. & **Roh, J.** (2016). Healing wounds with honey. *Undergraduate Research Journal for the Human Sciences*, 15.

Roh, J. (2015). *From paper to submission*. Presented at 2015 Strike a Spark Conference, California University of Pennsylvania.

Roh, J. (2014). *Sport psychology concentration in the exercise science and health promotions program at California University of Pennsylvania*, Presented at California University of Pennsylvania Careers in Mental Health Open House.

Roh, J., Mauer, T., & Harman, J. (November, 2014). *Athletic training as a career*. Presented at Mountaineer Middle School, Morgantown, WV.

Roh, J., Slocum, A., & Nunez, A. (March, 2014). *Rock your tastebuds (blueberries)*. Presented at Mountaineer Middle School, Morgantown, WV.

Roh, J., Thompson, A., Rippole, L., & Popovich, M. (January, 2013). Rock your tastebuds (green peppers): Grade 5. Presented at Cheat Lake Elementary School, Cheat Lake, WV.

Roh, J., & Gross, V. (August, 2012). Presented *Jump with Jill* nutrition rockstar program for elementary children to Donna Talerico, Assistant Superintendent, Monongalia County Schools. It was adopted and over 1200 students were exposed to the program, February 2013).

Roh, J. (August, 2012). Presented *Jump with Jill* nutrition rockstar program for elementary children to Heather DeMoss, PTO President, Cheat Lake Elementary Schools. Funding for the program was secured (\$1000.00 by PTO, and \$1500 by MCBOC).

Roh, J., Pistner, K., Rippole, L., & Sippel, K. (January, 2012). Anatomy of the human body: Grade 4. Presented at Cheat Lake Elementary School, Cheat Lake, WV.

Roh, J. (November 6, 2009). Anatomy of the human body: Grade 2. Presented at the Cheat Lake Elementary School, Cheat Lake, WV.

Newcomer Appaneal, R.R., Levine, B.R., Perna, F.M., **Roh, J.** (2009). Measuring post-injury depression among male and female competitive athletes. *Journal of Sport and Exercise Psychology*, 31(10), 60-76.

Newcomer Appaneal, R.R., Granquist, M.D., **Roh, J.,** & Perna, F.M. (September, 2008). Student-athletes' adherence and compliance to injury rehabilitation within an Athletic Training environment. Paper presented at the annual convention for the Association for the Advancement of Applied Sport Psychology (AASP), Louisville, KY.

Pratt, J., Biddington, C., Allen, A., & **Roh, J.** (April, 2008). The effects of sleep deprivation on division II intercollegiate athletes and non athletes. Association of Health, Physical Education, Recreation and Dance Annual Convention, Fort Worth, TX.

Pratt J, Biddington C, Allen AM, **Roh, J.** (2007, June). The effects of sleep deprivation on Division II intercollegiate athletes and non-athletes. Poster session presented at the Pennsylvania Athletic Trainers' Society (PATS) Annual Meeting, Lancaster, PA.

Paugh, S., Biddington, C., Barnhart, B., & **Roh, J.** (2006). The dietary habits and nutrition knowledge of college athletes. Poster presented at NATA 57th Annual Meeting and Clinical Symposia, Atlanta, GA

Roh, J. & Newcomer, R.R. (June 4, 2005). Counseling issues in athletics. Pennsylvania Athletic Trainers' Society (PATS), Lancaster, PA.

Roh, J. (May 20, 2004). Muscle of the human body and how they function. Presented at the Cheat Lake Elementary Science Day, Cheat Lake, WV.

Roh, J. (June 27, 2003). Patient satisfaction and its association with rehabilitation adherence. Considerations for counseling the athlete through rehabilitation symposium presented at NATA 54th Annual Meeting and Clinical Symposia, St. Louis, MI.

Ulrich, E., **Roh, J.,** Hess, R., & Biddington, W. (June 25, 2003). Differences in 40-yard and 10-yard dash times of collegiate football players trained in an aquatic versus a land-based sprint training program. Poster presented at NATA 54th Annual Meeting and Clinical Symposia, St. Louis, MI.

Roh, J. (October 2, 2001). Patient satisfaction ratings of ATCs among acutely injured male and female high school and college athletes. Poster presented at California University of Pennsylvania Academic Excellence Day.

Perna, F., **Roh, J.,** Newcomer, R, Maniar, S., & Stilger, V. (June 2000). Psychological distress following athletic injury. Paper presented at the NATA Annual Clinical Symposium, Nashville, TN.

Newcomer, R., **Roh, J.,** & Perna, F. (November 12, 1999). Psychological Aspects of Athletic Injury Workshop. University of Pittsburgh Medical Center, Pittsburgh, PA.

Newcomer, R., Perna, F., Maniar, S., **Roh, J.,** & Stilger, V. (September 1999). Depressive symptomology distinguishing injured from non-injured athletes. Paper presented at the annual convention for the Association for the Advancement of Applied Sport Psychology, Banff, Canada.

Perna, F.M., Newcomer, R.R., Maniar, S.D., **Roh, J.**, Tubilleja, K., Stilger, V. (September 1999). Pre-injury screening in post-injury assessment: Interaction between sport psychologists & the sport medicine team. Paper presented at the annual convention for the Association for the Advancement of Applied Sport Psychology, Banff, Canada.

Perna, F.M., Newcomer, R.R., Maniar, S.D., **Roh, J.**, Tubilleja, K., Stilger, V. (September 1999). Prediction of post -injury adjustment from a brief preseason psychological screening. Paper presented at the annual convention for the Association for the Advancement of Applied Sport Psychology, Banff, Canada.

Maniar, S.D., Perna, F.M., Newcomer, R.R., **Roh, J.**, Stilger, V. (September 1999). Athletic trainers' recognition of psychological distress following athletic injury: Implications for referral. Paper presented at the annual convention for the Association for the Advancement of Applied Sport Psychology, Banff, Canada.

Newcomer, R., Perna, F., Maniar, S., **Roh, J.**, & Stilger, V. (1999). Intrusive thoughts and avoidance behavior following athletic injury among adolescents. Paper presentation at the annual convention of the American Psychological Association, Boston, MA.

Roh, J., Perna, F., & Newcomer, R. (April 25, 1999). Psychological Aspects of Athletic Injury Workshop. Workshop presentation at the annual year end exam at California University of Pennsylvania, California, PA.

Perna, F.M., Stilger, V., & **Roh, J.** (1998). Psychological distress and coping following athletic injury among children and adults: Impact upon rehabilitation. NATA Research & Education Foundation Funded Grant.

Newcomer, R., **Roh, J.**, Perna, F., & Etzel, E. (August 1998). Features of posttraumatic stress disorder following major athletic injury. Paper presentation at the annual convention of the American Psychological Association, San Francisco, CA.

Perna, F., **Roh, J.**, Newcomer, R., Etzel, E., & Stilger, V. (1998). Clinical depression among injured athletes: An empirical assessment. *Journal of Applied Sport Psychology*, *10*, S55.

Roh, J., Newcomer, R., Perna, F., Etzel, E., & Stilger, V. (1998). Depressive mood states among college athletes: Pre- and post-injury. *Journal of Applied Sport Psychology*, *10*, S54.

Roh, J. (August 1998). Changes in psychological distress with college athletes: Pre-post injury. Paper presented at the American Psychological Association Division 47: Exercise and Sport Psychology, San Francisco, California.

Roh, J., (September 1998). Depressive mood states among college athletes: Pre- and post- injury. Paper presented at the Association for the Advancement of Applied Sport Psychology, Cape Cod, Massachusetts.

Roh, J. (March 1998). Changes in psychological distress with college athletes: Pre-post injury. Paper presented at the 9th Annual Southeastern Sport and Exercise Psychology Student Symposium, University of Maryland at College Park.

Perna, F., Etzel, E., Stilger, V., & **Roh, J.** (1997). Psychological distress and coping following athletic injury: Impact upon rehabilitation. WVU Foundation Funded Grant.

Brewer, K., **Cramer, J.**, & Polinski, K. (May 1990). Biomechanics of running shoes. Paper presented at the Mid-Atlantic Athletic Trainers' Association, Virginia Beach, Virginia.

THESIS CHAIR

*Addis, R. (2006). Burnout among undergraduate athletic training students.

Bigas, M. (1995). Comparison of competition trait anxiety in collegiate athletes who do and do not receive prophylactic ankle support.

Bridenbaugh, E. (1992). The perception of certified athletic trainers by coaches and parents of high school athletes

Cherner, M. (2001). The need for automated external defibrillators in athletic training as perceived by certified athletic trainers in the state of Massachusetts.

Culbertson, B. (1997). The usage of universal precautions in NCAA institutions.

Eiswerth, T.L. (1993). Opportunities and limitations for female athletic trainers in professional sports.

Ekelund, E.D.. (2003). The relationship between ankle strength and dynamic stability.

- Goth, M. (1993). Computerized utilization in approved national athletic trainers' association undergraduate athletic training education programs.
- Harris, S. (1997). On-field assessment of oral injuries by the certified athletic trainer in district nine of the NATA.
- Hatfield, K.M. (2006). An examination of the relationship between trait anxiety and injury rates among NCAA female collegiate gymnasts.
- Hughes, M.J. (2002). Certified athletic trainers' knowledge of strength training and conditioning.
- Lavis, J.L. (2007). The relationship among posture, shoulder range of motion, and intensity of pain in female collegiate swimmers.
- Marino, S.A. (2001). The role nutrition knowledge plays in the eating habits of female college gymnasts.
- Means, J.C. (2003). Menstrual attitudes of collegiate track and softball athletes.
- Mikesell, B. (1992). The effects of rapid weight loss on the muscular power on a high school wrestling team.
- Moore, B. (1992). A comparison of lace-up ankle bracing and taping in range of motion and torque output.
- Morgan, D. (1993). The differences between carbohydrate and non-carbohydrate beverages in relation to distance pedaled and rate of perceived exertion among collegiate endurance athletes.
- Palangio, G. (1994). A comparison between quadriceps eccentric strength and quadriceps concentric strength following a six week isotonic training program.
- Palermo, G. (2005). Evaluating entry-level athletic training students comfort levels on psychosocial intervention and referral competencies
- Parilla, D. (1993). Steroid use among high school football players in southwestern Pennsylvania: knowledge, attitudes, and use.
- Sander, S. (2005). The effects of core strengthening program on lower extremity functional ability.
- Scheiber, H.L. (2004) Icing position: Prone vs. supine of acute ankle edema.
- Seamon, L.D. (2003). Burnout among intercollegiate athletes.
- Shetley, M.W. (2004) Musical motivation and performance testing in two different sports.
- Ulrich, E. (2002). Differences in 40-yard and 10-yard dash times of collegiate football players trained in an aquatic versus a land based sprint training program at California University of Pennsylvania. (presented at the NATA Annual Symposium, 2003).
- Vaccaro, S. (1994). Isokinetic vs. isotonic strength training of the quadriceps femoris muscle group.
- West, E.C. (2004) Body blade therapy for increasing strength in rotator cuff muscles of healthy shoulders.
- Whetzel, W.S. (2002). A comparison of the cardiovascular effects of a Swimex aquatic aerobic training and treadmill aerobic training protocols among the student and faculty population of California University of Pennsylvania.
- Will, A. (2001). General managers' employment concerns towards certified female athletic trainers in professional sports.

* Received the Jesse B. Gutman Student Research Grant (\$441.70)

THESIS COMMITTEE

- Allen, T.S. (2006). *The prevalence of disordered eating and menstrual dysfunction in female collegiate athletes*
- Allen, J.D. (2006). *Burnout and the effect on the collegiate athlete.*
- Annunziata (2011). *The availability of certified athletic trainers in high schools in Massachusetts.*
- Arbaugh, B.J. (2010). *Cerebral concussion testing as utilized and preferred by certified athletic trainers in NATA District 2.*
- Balutis, D. (2001). *Acupressure vs. acupuncture with Dit Da Jow for the relief of acute distal extremity pain due to DOMS.*
- Bond, B. (1992). *A comparison of bioelectrical impedance analysis, skin fold measurements, and girth measurements on an adolescent athlete population.*
- Bowers, M. (2012). *Burnout among undergraduate athletic training students.*

- Braudt, T. (1996). *Electromyographic analysis of lumbar paraspinal muscles before and after gymnastic ball exercises in subjects with chronic low back pain.*
- Donahue, S. (1992). *An analysis of course sequences at National Athletic Trainers' Association approved athletic training education curriculums.*
- Fick, M.J. (2003). *Burnout among certified athletic trainers at the NCAA division II and III, within district three of the National Athletic Trainers' Association.*
- Frank, L. (2001). *The presence and use of automated external defibrillator in NCAA Division I, II, and III institutions.*
- Gardiner, A.M. (2002). *Over-the-counter (OTC) medication use by NCAA collegiate athletes in Pennsylvania.*
- Gravel, T.D. (2004). *The effects of stirrup material modification used in a closed basket weave on ankle plantar flexion, inversion, and vertical jump.*
- Greenfield, L. (1999). *The perception of Florida certified high school athletic trainers and counseling issues.*
- Hanks, F.S. (1999). *The perceived effects of topical analgesics.*
- Jasper, M.J. (2002). *Job satisfaction among certified athletic trainers in clinics, high schools and colleges/universities in District 2 of the NATA*
- Koehling, E.M. (2016). *Evaluating entry-level ATS' comfort level on psychosocial interventions and referral competencies in district 2.*
- LaMere, M. (1999). *The effect of sport orientation on athletes' returning from injury.*
- Leto, C. (1994). *A comparison between open and closed chain kinetic exercise in the rehabilitation of chronic ankle sprains.*
- Llewellyn, T.J. (2002). *The interrater reliability of manual muscle testing.*
- Long, J.A. (2004). *Competitive trait anxiety in NCAA football players.*
- Mann, K. (1998). *Recognition of signs and symptoms of eating disorders by Pennsylvania high school coaches.*
- McMahon, T. (2001). *The effects of closed chain exercise on the joint position sense and dynamic stability of the shoulder.*
- Matz, N.G. (2010). *Mood states of Division III collegiate wrestlers.*
- Meck, C.L. (2004). *A survey of pre-pointe evaluation components utilized by dance schools.*
- Merhar, K. (2003). *The relationship between isokinetic peak and average torque production and three functional tests of the lower extremity.*
- Miller, C.M. (2002). *The opinions of West Virginia athletic trainers on the content of a state practice act.*
- Odai, M.L. (2001). *Nutritional involvement of head athletic trainers at NCAA Division I, II, and III colleges and universities in Districts 1 and 2 of the NATA.*
- Orowitz, B. (1998). *Pennsylvania certified athletic trainers use of low intensity ultrasound during the acute state of tissue healing.*
- Paugh, S. (2005). *The dietary habits and nutrition knowledge of college athletes.*
- Pratt, J.J. (2007). *The sleep habits of NCAA Division II athletes and non-athletes.*
- Sander, S.E. (2005). *The Effects of a core strengthening program on lower extremity functional ability.*
- Thayer, M.P. (2003). *Return to play guidelines for concussions in NCAA division III football.*
- White, G.S. (2001). *The need for certified athletic trainers in New Hampshire's high schools.*
- Wunder, J. (1996). *Gender differences in motives for competition in college basketball players.*
- Yamguchi, D. (2007). *The relationship between posture and balance in a pilates trained population.*
- Zimmerman, G. (1993). *The philosophy of head athletic trainers on the use of ankle taping and bracing.*

GRADUATE ONLINE LITERATURE REVIEW CHAIR

- Abbot, K. (May, 2014). *Examining concussive outcomes and a positive correlation between depression and concussion in athletics.*
- Ainslie, L. (December, 2016). *Increasing productivity by using psychological interventions in corporate settings: A literature review.*
- Ali, A. (May, 2016). *The impact of meditation on anxiety and stress in athletes.*
- Anderson, M. (May, 2017). *A comparison of studies using mindfulness techniques in sports.*

- Apt, J. (May 2016). *Reducing the fear of re-injury in collegiate athletes.*
- Arns, R. (May, 2107). *Athletic fear of re-injury: The effects on the return to play process.*
- Arwood, A. (May, 2017). *The relationship of psychological stress and sport injuries.*
- Atteberry, M. (May, 2017). *Psychological strategies affecting mental toughness: A review of the literature.*
- Avila, T. (December, 2017). *The psychological state of military service personnel in the US.*
- Aye, D.B. (May, 2014). *Psychological and physical effects of marijuana dependency on athletes.*
- Bailey, A. (Decembr, 2016). *Intervention and treatment strategies for anxiety: A literature review*
- Ballas, L. (May, 2014). *Assessing the psychological conditions and addictions that increase risk factors for patient rhabdomyolysis.*
- Battaglini, L.A. (May, 2014). *Effects of youth involvement in sport on self-concept, self-esteem, and prosocial behavior.*
- Baltz, J. (December, 2014). *The use of psychological skills during rehabilitation of injury.*
- Bapistellar, M. (December, 2015). *Psychological issues in post-op ACL reconstruction and rehabilitation.*
- Barrett, J. (December, 2015). *The use of imagery and visualization in rehabilitation among injured athletes.*
- Baxter, M. (May, 2015). *Health, psychological, sociological, economical, and societal benefits of exercise.*
- Beardsley, A. (December, 2015). *The psychological characteristics of female athletes and the development of eating disorders.*
- Beck, A. (May, 2015). *Team bonding/fighting in hockey. **
- Betencor, O. (December, 2016). *Mental toughness strategies for competitive athletes.*
- Bittner, E. (December, 2017). *The transition back to sport following injury.*
- Bolton, L.A. (May, 2014). *The effect of psychology on sports injury and rehabilitation.*
- Boltz, D. (December 2014). *Using mindfulness training as a sport psychology technique to increase athlete flow state and improve athletic performance.*
- Booth, A. (May, 2014). *The effects of various types of physical activity on academic performance*
- Bottorf, K. (December 2014). *The use of imagery for return to play following injury.*
- Boyd, A. (May 2016). *Separation of morality in sports: The modernized Zimbardo theory. ***
- Buchheit, B. (May, 2014). *Examining the literature on long-term psychological effects of multiple concussions.*
- Cade, T. (May, 2015). *The correlation of head injuries and depression and violent behavior among athletes.*
- Carlin, M. (May, 2014). *Effect of mindful-meditation on recovery from substance abuse disorder.*
- Caroll, L. (May, 2016). *Loss of a teammate: Greif response and treatment of athletes.*
- Carbonell, J. (May, 2017). *Effects of imagery on performance.*
- Carpenter, B. (December, 2015). *Attitudes and psychological response to injury recovery.*
- Carver, C. (May, 2014). *Effects of exercise on psychological distress in war veterans.*
- Cerino, C. (December, 2016). *How can overtraining effect an athlete on and off the field?*
- Christensen, K. (May, 2017). *An exploration of factors that influence body image in female athletes.**
- Clark, K. (December 2014). *Season-ending injury affects on mood among college athletes.*
- Clouser, C. (December 2016). *How physical injuries mentally affect athletes.*
- Collins, D. (May, 2017). *The impact of cognition following concussions.*
- Colloti, J. (May, 2014). *How does mental readiness have an effect on weight loss and maintaining weight loss?*
- Considine, N. (December, 2017). *The effects exercise intensity and timing have on sleep.*
- Cooke, J. (December, 2017). *Mental toughness training in youth sports.*
- Coppola, A. (December, 2014). *Psychological issues following injuries of college athletes.*
- Couch, K.L. (December, 2017). *Marching band and stress.*
- Creveling, H. (May 2016). *Anxiety jewels on athletes return to play after severe injury.*
- Crocker, D. (December, 2015). *Personality trends in military officers.*
- Cross, N. (May, 2017). *Impact of stroboscopic training on athletic performance*
- Daniells, P.T. (May, 2014). *Role of linguistic inquiry and word count on athletic performance.*
- Davenport, N. (December 2014). *Attentional processes and choking under pressure.*

- DePaol, S. (December 2017). *Incidence of mental health abnormalities among injured athletes.*
- Dixon, C. (May, 2015). *Confidence and anxiety: The effect of time on the golf swing.*
- Drown, C. (December, 2015). *The impact of omega 3 fatty acids on adolescent athlete's cognition following a concussion.*
- Druckenmiller, C. (December, 2015). *The belief of self-talk influence sport performance.*
- Donley, P. (May, 2017). *The effects of intrinsic motivation and participation in physical education.*
- Duffy, V. (May 2016). *Emotion on mindset with sudden change in athletes*
- Endress, T. (May, 2015). *Depression following a concussive injury: A look into the psychological pathologies associated with traumatic brain injuries.*
- Ely, J. (December, 2016). *Understanding and coping with the stress related to fear of reinjury and return to play.*
- Estep, S.L. (May, 2014). *The effects belief, imagery, and self-talk have on running performance.*
- Everett, R. (December, 2014). *Psychological effects of Yoga.*
- Falconer, C. (May 2015). *Athletes dealing with anxiety in sports: Are there efficient ways to cope?*
- Falconer, C. (December, 2015). *Anxiety in sport.*
- Falge, J. (May, 2014). *Using psychosocial interventions strategies to help with rehabilitation of injured athletes.*
- Fazio, J. (December, 2015). *Pressure for children in sport specialization.*
- Fillerup, A. (December, 2015). *Performance and self-talk.*
- Fine, C. (December, 2014). *Identifying individual performance impact through the coach-athlete relationship perception and leadership actions.*
- Funatsu, Y. (May, 2017). *Usage of self-talk in competition by athletes. **
- Gallagher, M. (May, 2017). *Evaluating pre-competition music ad the effect on an athlete's competitive performance.*
- Giampa, Y. (May, 2017). *The relationship of performance pressure and mental illness in athletes.*
- Glass, J. (May, 2014). *Psychological consequences of concussions in collegiate athletes.*
- Goff, C. (May, 2014). *Sport contributions to the development of aggression.*
- Goimbert, J. (May, 2015). *Burnout among young athletes.*
- Goodridge, J. (December, 2016). *The effects of high pressure situations on athletic performance.*
- Green, B. (December, 2017). *The effects of imagery in youth athletes.*
- Grippi, S. (December, 2017). *Eating disorders and how it effects performance.*
- Hahn, M. (December, 2016). *Sport related concussion and mental health: A literature review.*
- Hamilton, J. (May, 2015). *Schema theory and suicide among teen-aged athletes.*
- Hauser, K. (May, 2016). *Mental blocks in athletes after injury with return to play.*
- Hendryx, C. (December, 2017). *The effects of transitioning from high school to collegiate athletics.*
- Hicks, E. (May, 2017). *Self-confidence, anxiety, and athletic performance: Is there a relationship?*
- Hill, E. (May, 2014). *Mental training usage by professional classical ballet dancers: A review.*
- Howes, D. (December, 2016). *Mental preparation of high school athletes for college athletics participation.*
- Hudson, J. (May, 2017). *The effects of parental involvement in youth sports: A literature review.*
- Huey, M. (December 2017). *The psychological and physiological effects of stress on athletic performance*
- Hughs, J. (May, 2017). *Arousal control for performance enhancement.*
- Huls, S. (May, 2016). *The effects of telemetry measures on cognitive performance in NFL football players.*
- Hussar, B. (December, 2016). *Sports rituals: Cognitive self-efficacy or superstitious myth?*
- Ippuito, A. (December, 2014). *The effects of mental toughness on athletes on and off the field.*
- Johnson, N. (December, 2016). *How confidence affects state of flow in competition.*
- Kelly, K. (May, 2017). *Depression following sport-related concussion.*
- Kercher, K. (May, 2016). *Motivation factors used by athletes to succeed in sport, personal and academic goals. ***
- Kitchen, D. (December, 2016). *Factors contributing to mental illness in collegiate athletes: A literature review.*
- Korgeski, M. (December, 2016). *The impact of stress on athletes and increased risk of injury.*
- Ladonsky, D. (May, 2017). *Mental helath among athletes and the referral policy in higher education.*
- Lando, E. (December, 2015). *The effects one's support system and anxiety following a concussion.*

- Lantzy, R. (May, 2016). *The effects of autocratic coaching style on performance in soccer players.*
- Lavelle, S. (May, 2017). *Prevalence and effects of substance abuse among athletes.*
- Ledbetter, K. (December, 2015). *Depression and athletes.*
- Lee, J. (May, 2015). *Filling the void: Exercise, food and the effect on negative effect in females ages 25-55.*
- Lemoine, D. (December, 2016). *The relationship between obesity and obesity education.*
- Loan, R. (December 2014). *Fear of returning to athletics following an injury.*
- Lott, M. (May, 2017). *Effects of nature-assisted therapies on veterans with PTSD. ***
- LoVasco, J. (December, 2017). *The psychological and physiological effects of pressure on youth athletes.*
- McFarland, K.A. (May, 2014). *Examining the physical and psychological benefits physical therapy has on patients with multiple sclerosis.*
- McGovern, R. (December, 2016). *Psychological aspects of sport concussion recovery and return to play: A literature review. ***
- McMasters, K. (December, 2015). *The utilization of mindfulness to prevent burnout.*
- McQuown, A. (May, 2015). *The effects of mental imagery and visualization on rehabilitation.*
- Maiorino, S. (December, 2016). *The importance of having a mental health screening tool being incorporated into pre-participation exam and return to play decisions.*
- Martin, C. (December, 2015). *The psychological reactions that athletes experience following a long-term injury.*
- Matthes, M. (May, 2017). *Effectiveness of mindfulness interventions for athletic burnout.*
- Medina, C. (December, 2016). *Positive mental strategies for athletes during injury rehabilitation.*
- Memic, E. (December, 2016). *Visualization techniques in sport performance: A literature review.*
- Menchaca, H. (May, 2016). *The impact of imagery use on baseball performance.*
- Merkk, J. (December 2014). *The effects of psychological training.*
- Mickey, Z.E. (May, 2014). *Assessing the long-term depressive effects of repetitive brain trauma in athletics. **
- Mickle, D. P. (May, 2104). *Effects of adult behavior on youth sport participant.*
- Mondragon, J.L. (May, 2017). *Motivtion and psychological benefits for children in sports.*
- Moore, J. (December, 2015). *Exploring the essential components and development of a therapeutic relationship between ATs and injured athletes.*
- Muhlenhaupt, E. (December 2014). *Identifying and implementing mental strategies and coping mechanisms for "hitting the wall" in marathon runners.*
- Napier, J. (December, 2015). *The use of exercise to reduce stress in traumatized youth.*
- Neilsen, D.L. (May, 2014). *Effectiveness of mind-body techniques to reduce symptoms of post traumatic stress disorders (PTSD) and traumatic brain injury (TBI) in military personnel.*
- Nestor, C. (December 2014). *The use of social support following sport injury and its impact on return to sport.*
- Neumann, A.W. (May, 2014). *Implications of motivation on weight loss and long-term weight loss.*
- Norce, J.D. (May, 2017). *Athlete flow and its application to professionals in the workplace.*
- Okada, M.I. (May, 2014). *Psychological effects on athletic performance*
- Palmquist, M. (December, 2017). *The effects of exercise on stress and anxiety.*
- Petry, C. (December, 2015). *Pregame rituals and superstitions.*
- Phelps, C. (December, 2015). *Stress after sport injury and methods to mitigate injury likelihood.*
- Poffenbarger, H. (December, 2014). *Mental health disorders in the collegiate athlete.*
- Poole, K. (May, 2017). *Parental involvement in sports: How much is too much?*
- Ramos, A. (December, 2016). *Mental health concerns associated with body images in female athletes: An intervention.*
- Randall, B. (December, 2016). *The effects of sleep deprivation on injury occurrence and performance.*
- Rapp, E. (May, 2016). *Psychological factors (i.e., anxiety and stress) associated with athletes who develop eating disorders.*
- Rasheed, A. (December, 2015). *Factors enhancing or promoting the flow state for optimal sport performance.*
- Rayback, J. (December, 2015). *The effect arousal has on performance in collegiate basketball utilizing the inverted U theory.*

- Reyes, H.D. (May, 2014). *Alcohol and marijuana use among high school athletes: An in-depth look at stress related coping strategies.*
- Reyes, S. (December, 2016). *Effects of sleep deprivation on muscle recovery in athletes: A literature review.*
- Rigazio, M. (May, 2016). *The need for preparation for retirement, separation or transition out of sport.*
- Riggins, B. (December, 2015). *Psychological counseling techniques improving rehabilitation outcomes in adolescent athletes.*
- Rinon, O. (May, 2017). *Psychological factors following an injury.*
- Roberts, L. (December, 2017). *The role of motivation in gymnastics.*
- Rose, M. (December, 2015). *Psychological processes following a season-ending/catastrophic injury.*
- Rotto, M. (December, 2014). *Effects of pre-competition music on athletic performance among team sports.*
- Rupp, J. (December 2017). *The psychological effects of sport specialization youth athletics.*
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INTERESTS

World travel, arts, sports, outing activities, sewing, tatting, genealogy, and spending time with my family and friends.