

## Hotlines/Contact Information

You or someone you care about may need a resource to obtain help for a mental health problem. Generally, it is wise to call several facilities in order to determine the one that best meets your needs. The exception to this is during times of an emergency

**The following hotline information is presented as a service to the University community. It is not intended to be a comprehensive listing, merely a starting point for help.**

### **Child Abuse/Violent Crime/Domestic Violence/Sexual Assault and Abuse**

- Pennsylvania Coalition Against Rape: 888-772-7227; 888-480-7283
- The Blackburn Center Against Domestic and Sexual Violence: 724-837-9540 (for appointments); 888-832-2272; Rape Crisis Hotline: 724-836-1122 (24 hours)
- Washington County Women's Shelter: 724-223-9190
- Greene County Women's Shelter: 800-791-4000
- Fayette County Domestic Violence Hotline: Free; 724-437-2530 (for appointments); 724-439-9500 (hotline)
- Fayette County Crime Victim's Hotline: Free; 724-437-3737
- The CARE Center Victims Hotline (STTAR) Sexual Abuse Hotline: Free; 888-480-7283 or 724-228-7208
- Child Abuse Hotline: Free; 800-932-0313

### **Religious Counseling (Note: Counselors who provide religious counseling may not be certified.)**

- Campus Ministry (Pete Ware): 724-938-4573
- Catholic Charities of the Diocese of Greensburg (24 hour Helpline): 724-837-1840; 866-409-6455
- Catholic Charities of the Diocese of Pittsburgh: 412-456-6999
- Catholic Charities of Washington County: 724-228-7722
- United Methodist Church (across from Dairy Queen, Third Street, California): 724-938-2270
- First Presbyterian Church (behind the Kwik Fill, Fourth Street, California) 724-938-7676

### **Pain Management**

- Center for Pain Control Clinic, Pittsburgh: 412-578-3350
- Pain Management Center of Allegheny General Hospital, Pittsburgh: 412-359-3131
- Pain Release Clinic, Pittsburgh: 412-431-7246

### **Anger Management**

- The CARE Center, Washington: 800-281-7150
- David Russell from Moving Toward Non-Violence Program, Washington (works with court-referred people): 724-222-8722 or 412-271-7660
- Southwest Behavioral Care Inc., Monessen, for intake and referral to mental health center offering the anger management group's general number: 724-684-6489
- Anger Management group is also available through outpatient scheduling at 724-684-6489.

**Eating Disorders**

- The National Eating Disorders Association: 800-931-2237 (information and referrals); [www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)
- Center for Overcoming Problem Eating (COPE): 412-647-9329
- Eating Disorder Therapist - Emily Heim: 724-884-0466
- Nutritionist Donna Bassi ,Washington: 724-250-7870

**Women's Health/Parenting**

- Parent Advocate Program: 724-225-2061
- Planned Parenthood of Western Pennsylvania: 800-426-4636

# Mental Health

## HOTLINES

### Psychiatrists

(Private Practice - Local)

(Fee - accepts some insurance. Ask if pre-certification is needed, which is often the case with managed care.)

Dr. Oscar Urrea (Psychiatric Care Systems)  
Offices in Connellsville, Monongahela and Washington  
**724-258-8014 Monongahela**

Dr. R.K. Mehta & Associates, Brownsville  
**724-785-9444**

Mon Valley Community Health Center, Monessen  
**724-684-9000**  
Dr. Ann McAllister, Psychiatrist, Washington  
**724-579-1075**

Western Psychiatric Institute and Clinic, Pittsburgh  
**412-624-1000**

Centerville Clinic  
**724-632-6801**

### Counseling; Mental Health Providers

The CARE Center, Washington  
**724-228-2200**

Chestnut Ridge Counseling Services, Uniontown  
**724-437-0729**  
**724-437-1003 (free 24-hour hotline)**

Southwestern Pennsylvania Human Services Inc. (SPHS)

SPHS Behavioral Health, Donora  
No fee for the call. Fee may apply for continuing care.  
**724-379-6093**

SPHS Behavioral Health, Monessen  
(Treatment is provided at this location.)

**724-684-6489**

SPHS Crisis Center

**724-225-3584**

Helpline of Washington County

**1-800-237-1555**

Western Psychiatric Institute and Clinic, Pittsburgh

**412-624-1000**

Centerville Clinic

**724-632-6801**

Greene County Human Services

**724-852-5276**

**Local Hospitals with Psychiatric Units**

(Fee - accepts some insurance - ask about pre-certification)

Jefferson Regional Medical Center, Jefferson Borough

**412-469-5000**

Mon Valley Hospital, Monongahela

**724-258-1000**

Southwood Psychiatric Hospital, Pittsburgh

**312-257-2290**

Washington Hospital 3A

**724-222-7000**

Western Psychiatric Institute and Clinic, Pittsburgh

**412-624-1000, ext. 1**

Westmoreland Hospital, Greensburg

**724-832-4000**

# Drugs and Alcohol

## Smoking Cessation

PA Quitline (smoking cessation assistance)

**1-877-724-1090**

## Drug and Alcohol Recovery and Family Support Groups

A.A. (Alcoholic Anonymous)

**412-471-7472 (Pittsburgh area)**

Al-Anon

**1-800-628-8920 (Pittsburgh area)**

Gateway Rehabilitation Center (various locations)

**724-228-0810**

N.A. (Narcotics Anonymous)

**412-391-5247 (Pittsburgh area)**

Neighborhood Drug Awareness Corps Inc., Washington

**724-229-8321**

Mon Valley Drug and Alcohol Program, Monessen

**724-684-7260**

**888-832-2272 Domestic Violence**

**724-836-1122 - Rape Crisis**

## Drug and Alcohol Treatment Centers

(Fee - accepts some insurance - ask about pre-certification.)

The CARE Center, Washington (outpatient treatment for drug and alcohol abuse/addictions)

**724-228-2200**

Gateway Rehabilitation Center, Pittsburgh

**412-963-7077**

Gateway Rehabilitation Center, Greensburg

**724-853-7300**

Gateway Rehabilitation Center, Greentree

**412-928-5940**

Gateway Rehabilitation Center, Monroeville

**412-373-2234**

Gateway Rehabilitation Center, Cranberry  
**724-776-4844**

Gateway Rehabilitation Center, West Mifflin  
**412-466-7734**

Gateway Rehabilitation Center, Canonsburg  
**724-941-4126**

Greenbrier Treatment Center, Washington  
**724-225-9700**

**National and Local Associations**

Fayette County Drug and Alcohol Commission, Uniontown  
**724-438-3576**